

DEFAAC

WEEKLY FOOD MENU

MONDAY

MAY 11

Lunch Chicken Fajitas, Baked Fish, pasta Primavera, O'Brien Potatoes, Quinoa Southwest Pilaf, Hacienda Corn and Black Beans, Roasted Butternut Squash, Stewed Tomatoes.

Dinner Creole Fish Filets, Stir Fry Chicken w/Broccoli, Teriyaki Steak, Steamed Rice, Roasted Pepper Potatoes, peas w/ Mushrooms and Onions, Roasted Cauliflower, French Style Green beans.

TUESDAY

MAY 12

Lunch Roast Beef, Spaghetti w/Turkey Meat Sauce, Pork Chop w/Pineapple Glaze, Mashed Potatoes, Rice Pilaf, Brussel Sprouts, Cream Style Corn, Roasted Zucchini & Tomatoes.

Dinner Turkey Nuggets, Beef Stew, Sundried Tomato Pesto Pasta, Long Grain & Wild Rice, Oven Browned Potatoes, Carrots, Snow Peas, Grilled Asparagus.

WEDNESDAY

MAY 13

Lunch Sweet & Spicy Orange Salmon, Chili Mac, Chicken Kabob, Brown Rice, Cottage Fried Potatoes, Peas and Carrots, Green Beans w/Mushrooms, Corn Calico.

Dinner BBQ Chicken, Pepper Steak, Spicy Catfish Po'boy, Quinoa Garden Pilaf, Roasted Chopped Potatoes, Braised Cabbage, Garlic Peas, Fried Okra.

THURSDAY

MAY 14

Lunch Almond Crusted Cod, Hamburger Yakisoba, Herbed Baked Chicken, Lyonnaise Potatoes, Steamed Rice, Roasted Brussel Sprouts, Corn O'Brien, French Style Peas.

Dinner Chicken Gumbo, Pork Schnitzel, Fish onion Lenon Baked, Steamed Brown Rice, Mashed Potatoes, Carrots, Green Beans with Feta, Broccoli Polonaise.

FRIDAY

MAY 15

Lunch BBQ Beef Cubes, Greek Lemon Chicken, Basil Baked Fish, Orzo Lemon Herb, Steamed Rice, Grilled Asparagus, Black Eyed Peas, Broccoli Combo.

Dinner Maple Glazed Salmon, Sundried Tomato Pesto Pasta, Pineapple Meatballs, Islander Rice, O'Brien Potatoes, Cauliflower, French Style Green Beans, Vegetable Medley.

SATURDAY

MAY 16

Lunch Lemon Pepper Baked Chicken, Caribbean Catfish, Braised Beef & Noodles, Harvest Blend Rice, Buttered Egg Noodles, Scalloped Corn, Herbed Green Beans, Roasted Butternut Squash.

Dinner Swiss Steak with Brown Gravy, Stuffed Green Peppers w Turkey & lentils, Spicy Chicken Shawarma, Brown Rice w/Tomatoes, Simmered Pinto Beans, Peas, Mediterranean Grilled Asparagus, Succotash.

SUNDAY

MAY 17

Lunch Jamaican Chicken, Thai Vegetable Curry, Creole Shrimp, Baked Beans, Brown Rice, Peas W/ Mushrooms and Onions, Green Bean Sesame Glaze, Southern Style Collard Greens.

Dinner Grilled Honey Sriracha Chicken, Chili Mac, Beef Pho, Steamed Rice, Baked Potato, Oriental Stir Fry Cabbage, Fried Okra, Corn Combo.

**Menu subject to change