



# Fitness and Sports Newsletter

Sept-Oct  
2024  
Issue #21

For more information, visit <https://www.wrightpattfss.com/> or @WrightPattFitness on Facebook

## Recent Fitness & Sports Events

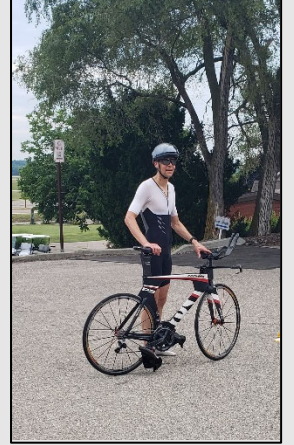
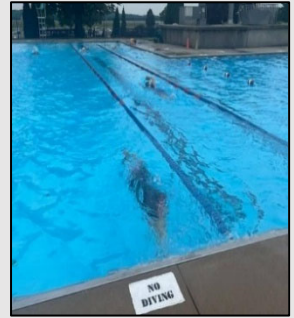
### DAF Men's Softball

For two weeks in the beginning of August we hosted the DAF Men's Softball team trials as they prepared for their trip to OKC. On August 18<sup>th</sup> the team traveled to compete in the 2024 Armed Forces Softball Championship at USA Softball's Devon Park in Oklahoma City. They competed in a double elimination championship series ultimately losing to Army in the final with a score of 28-11 and getting the silver medal.



### The Build Up – Sprint Triathlon

On August 3<sup>rd</sup> Fitness and Sports wrapped up our Build up triathlon series which hosted over 40 patrons per event. Congratulations to the top female and male; Catherine McAlister with a total time of 1:24:33 and Ed Alyanak with a total time of 1:01:05.



### Intramural Softball

Congratulations to Sierra Deltas from AFLCMC (Left) who beat Beernuts from NASIC (Right) 27-13 on August 19<sup>th</sup> in the championship game.



### Intramural Volleyball

Congratulations to Leatha Steppa's (pictured left) from NSIC on becoming our 4v4 Sand volleyball Champions!



Second place: Jet Setters from AFIT (pictured right)



## Upcoming Fitness & Sports Events

### Run For The Fallen

Come out and join a run to honor those from the events of September 11<sup>th</sup>. No registration needed, open to all Wright-Patt Employees and Families.



**SEPT. 11 • 8:46 AM • AREA B FLIGHT LINE**

**CEREMONIAL 2.763K WALK AND 5K RUN**

to honor the sacrifices veterans, first responders, civilian and military heroes of 9/11, as well as everyone affected by the aftermath of this tragic day.

NO REGISTRATION REQUIRED. OPEN TO ALL WRIGHT-PATT EMPLOYEES AND FAMILIES.



## AIR FORCE MARATHON

Every Third Saturday in  
September

### Events:

1K Kids Run, 5K, 10K,  
Half Marathon(13.1),  
Marathon (26.2)



Register Now!

## MEN'S VARSITY BASKETBALL TRYOUTS

WRIGHT FIELD FITNESS CENTER

SEPTEMBER 9 - 12  
6 - 7:30 PM

WRIGHT FIELD FITNESS  
BASKETBALL COURTS

Join us on the court if you're interested in trying out for varsity basketball! This team will play Division II & III universities, community colleges, and other military base teams.

FOR MORE INFORMATION, CALL [937] 656-5961



### Intramural Flag Football

The season is just beginning! A total of nine teams will go 11 weeks to determine our champion. If you are looking for more information on intramurals call our Sports Office: 937-656-5961. For more information on what is going on around base visit our website at [wrightpattfss.com](http://wrightpattfss.com)

## INTRAMURAL FLAG FOOTBALL

SEASON BEGINS  
**AUGUST 29**

COACHES MEETING: AUGUST 6 (ROSTERS DUE AUGUST 6)

**5:30 - 7:30 PM**  
AT JARVIS FIELD

- 7v7 GAMES
- THURSDAY GAMES
- WINNERS RECEIVE T-SHIRTS

ROSTERS: MINIMUM OF 8, MAXIMUM OF 11 PLAYERS

SCAN THE QR CODE TO SIGN UP!



Open to all Military, DoD Civilians, Retirees and Dependents ages 16 or older.  
For more information, call the Sports Programs Office at (937) 656-5961

