

WRIGHT-PATT CHILD & YOUTH

# TAEKWONDO CLASSES



## SELF DEFENSE

**\$55/Month**  
**Ages 5 - 18**

### ADVANTAGES

- Increased Strength
- Increased Fitness & Flexibility
- Sharper Focus
- Improve Self Confidence
- Reduce Stress & Tension
- Practical Self Defense

### ABOUT

**Tuesdays & Thursdays | 4:30 - 6 pm**

All classes take place at Bldg. 6933 Gym

156 Spinning Road, Riverside, OH 45431

*Registration must be made in CYP-BMS.*

**FOR MORE INFORMATION, CALL (937) 656-8688**

*You must be affiliated with Wright-Patt AFB in order for your child to participate.*

