Hello,

You are receiving this email because you are projected for a deployment/TDY/dependent restricted remote tour. The Military & Family Readiness Center assists military, civilians, and family members before, during, and after family separation due to extended TDYs, deployments, and remote assignments. We are here to help reduce the stress for military members and their families caused by these separation events by providing various educational and support services. The Military & Family Readiness Center serves as a focal point for military and family members to call when they do not know where to go for assistance. Below you will see a lot of information. Please take the time to review this and, if applicable, with your spouse, as there are many recourses available to you and your family during your upcoming deployment.

!!!!Please Share with your Spouse!!!!!

If you need assistance – CALL US – If we can't assist, we will find out who can! Useful Pre-Deployment web link: https://planmydeployment.militaryonesource.mil/pre-deployment/

Attachments

- 1. AAA Application
- 2. Useful Websites
- 3. The Emotional Cycle of Deployment
- 4. Pre-Deployment Checklist to review with **SPOUSE or PERSON** responsible during your absences
- 5. Family Child Care FCC Programs

Important Phone Numbers

- 1. Airmen & Family Readiness Center-(937) 257-3592
- 2. Legal office- (937) 257-6142
- 3. MPF Customer Service- (937) 257-3664
- 4. Red Cross- (937) 222-6711 TMO- (937) 257-2153

Here is an overview:

1. <u>Legal Office</u> - LEGAL ASSISTANCE/NOTARIES/POWERS OF ATTORNEY To schedule an appointment, call 937-257-6142 from 9 a.m. to 3 p.m. Monday, Tuesday, Wednesday, Friday, and 1 to 3 p.m. on Thursday. Notaries and Powers of Attorney are available during walk-in hours, Monday through Friday, from 9 a.m. to 3 p.m., except for Thursdays, when the legal office is only open from 1 to 3 p.m. We close every day for lunch from noon to 1 p.m. More information can be found at: https://www.wpafb.af.mil/Units/ja/

2. <u>Triple AAA free year membership</u>: AAA offers a FREE one-year membership of basic roadside assistance to members and families of deployed members. After the year, your membership will be canceled with no questions asked. You may add your spouse, domestic partner, and dependent children living in your household. Valid for residents of Montgomery, Green, Clark, Preble, and Champaign counties. If interested, please complete the Triple AAA application and send it to the AFRC RNCO. *ALL single or with dependents on Active Duty are eligible. (Caveat: Not an AF program)

3. <u>Operation Readiness Emergency Sleeping Tool (REST) Program:</u> A great gift to children and adults alike! REST is a pillowcase made in the AFRC with your family member's photos placed on it. We can create one for each immediate family member, up to 6 small photos, and single members are also eligible. To request this FREE service, please email and send your pictures to this address: joseph.gillispie@us.af.mil.

4. **Deployment Child Care Support Family Child Care (FCC):** this program will provide 16 hours of child care each month (for each child) for pre-deployment, during, and post-deployment. Certified in-home child care trained providers offer this service through the Family Child Care (FCC) program. Eligibility requirements: a. Member of a military branch

b. AD, Reserve, or Guard in Active status

c. Assigned to or working on the installation

d. Deployed in support of a contingency operation

e. Deployed for a minimum of 30 calendar days or personnel who routinely deploy on a short-term basis (cumulative of 30 days in six month period)

f. Please call/email the Family Child Care (FCC) flight at (937) 656-8686 or Email: 88.msg.svy@us.af.mil to participate in this program.

5. <u>MilitaryChildCare.com (MCC)</u>: is a Department of Defense website for military and DoD-affiliated families seeking child care. This single online gateway provides access to comprehensive information on military-operated and military-subsidized childcare options worldwide. With MCC, families can search for and request care, manage their requests, and update their household profile - online any time and from anywhere - making it easier for families to find the child care they need. a. https://public.militarychildcare.csd.disa.mil/mccu/ui/#/

6. <u>Personal Financial Readiness (PFR)</u>: PFR offers information on investments, budget/checkbook maintenance, savings, debt/credit management, and retirement preparation for those desiring to meet financial goals and obligations. The A&FRC offers FREE personal financial counseling sessions and educational seminars to give you the tools to meet your financial readiness. Ask us how you can participate in the Savings Deposit Program (SDP) during deployments. Call A&FRC at 937-257-3592 to make an appointment.

7. <u>The Properties at Wright Field Deployed Spouses Program:</u> If you or your spouse is deployed or getting ready to deploy, please stop by the office with a copy of orders so we can include you for special assistance and services!

- While you are on deployment status, this support group offers the following service FREE of charge:
- a. Grounds care for your home
- b. Emergency contact list for your family
- c. Relaxed visitor policy
- d. Routine security checks
- e. Self-help deliveries
- f. Utility reduction (for single members)

g. Priority maintenance

For more information, if you live in base housing, please visit the website:

https://www.wpafbhomes.com/events/deployed-spouses-program or call (937) 253-6009 ext. 4 for more details.

8. <u>Pets on Deployment</u>: Several organizations can help locate a temporary foster home for the pets of deployed military personnel until they return home. (Caveat: Not an AF program)

Some are listed below:

- a. http://pactforanimals.org/pacts-work/military-foster-program
- b. https://petsforpatriots.org/military-deployment-and-your-pets/
- c. https://www.americanhumane.org/fact-sheet/fostering-military-pets/
- d. https://www.dogsondeployment.org/

9. <u>Military Deployed Care Packages:</u> (Caveat: Not an AF program)

a.https://store.usps.com/store/product/shipping-supplies/military-care-kit-P_MILITARYKIT

- b. https://www.operationgratitude.com/who-we-serve/deployed-troops/
- c. https://www.uso.org/
- c. https://www.herobox.org/
- e. http://www.operationcarepackages.org/SubmitTroops.html
- f. email: troopsupport@bluestarmothersdayton.com

10. <u>The Key Spouse Program (KSP)</u>: is an official Air Force unit family readiness program designed to enhance mission readiness and resilience & establish a sense of community. KSP is a commander's initiative that promotes partnership with unit leadership, families, key spouse mentors, the A&FRC, and other Integrated Delivery Systems (IDS) agencies. Its mission is to provide information and resources to military spouses, supporting families in successfully navigating the military life cycle. If you are interested, contact your organization's First Sergeant or AFRC at 937-257-3592

11. School Liaison Officer (SLO): Our WP AFB SLO is Ms. Trina under Child & Youth Services. She can provide

training related to Federal Impact Aid, the Military Interstate Compact, the challenges military children and students face with frequent moves and deployment, and additional support to your district and staff. You can email her at trina.pauley@us.af.mil should you need her services.

12. <u>Deployed Children's School Notification:</u> It is advised that before your deployment, you notify your children's school of your pending deployment/TDY. Additionally, if you have any questions about your children's school resources, contact the School Liaison Officer (SLO) listed above. Many schools have Military and Family Life Counselors (MFLC) on staff; if they do not, the SLO can help you find one if your children's school does not have one.

13. <u>Project Evergreen:</u> Green Care for Troops, and its sister program Snow Care for Troops, provide complimentary lawn and landscape services and snow and ice removal services for the families of currently deployed military personnel. These complimentary services are provided to eligible families in need to offer a helping hand to our military when they need it most. Please go to http://projectevergreen.org/greencare-and-snowcare-for-troops/ to sign-up. (Caveat: Not an AF program)

14. <u>The Military Family Life Consultant (MFLC)</u>: provides non-medical, short-term, situational, problem-solving counseling services to address issues across the military lifestyle and help service members and their families cope with normal reactions to stressful and often adverse situations created by deployments and reintegration. MFLC provides outreach services that expand capabilities to address the needs of Airmen and their families and can bridge other services available on or off base. This program is completely anonymous at no cost, and no records are kept. Contact the A&FRC office if interested at (937) 972-1054, (937) 257-2146 or emailwpmflc@gamil.com

15. <u>Hearts Apart Photography:</u> FREE photo session for any service member (deployed 120 days or more) and their families. Please go to http://www.heartsapart.org to sign up! (Caveat: Not an AF program)

16. **FREE Custom Welcome Home banners:** https://buildasign.com/Troops. Log on to this website and receive this free item for your loved ones' return home. Order your item at least two months in advance. The shipping fee are not included. (Caveat: Not an AF program)

17. <u>The Dayton Chapter of Big Brothers, Big Sisters</u>: has a Mentorship program for children ages 6-14 years old with a deployed parent. If you think your child(ren) will benefit from this program, please call an (Enrollment Specialist) at (937) 220-6853 or visit http://bbbsgmv.org/ for more information. (Caveat: Not an AF program)

18. <u>Daddy Doll</u>: If interested in purchasing a Daddy Doll go to (hugahero.com), and use the code MILITARY15 to get a discounted price. (Caveat: Not an AF program)

19. <u>Family Care Plan</u>: In case of a natural or man-made disaster, please consider creating a family care plan for evacuations & emergencies in place for you and your family.

a. https://www.militaryonesource.mil/family-relationships/relationships/parents-guardians/preparing-your-family-care-plan/

20. <u>Five & Thrive</u>: <u>https://www.fiveandthrive.org/home</u> Five & Thrive Landing Page! Five & Thrive was created to improve quality-of-life challenges our Air and Space Force families face in five focus areas: Childcare, Education, Healthcare, Housing, and Spouse Employment. This Landing Page now serves as the hub for all things Five & Thrive, including the modern and inspirational Thrive Guide, informative monthly SITREPS, quality-of-life resources, community partnerships, creative best practices, and MORE! We hope it will provide you with the consolidated and specific tools needed to navigate military life at home and in your community.

21. <u>The WPAFB Education</u>: will still be your education office in your deployed location. Contact them when you are considering starting courses while deployed.

a. Phone: Comm 937-904-4801 DSN 674-4801 or email education@wpafb.af.mil

The Military & Family Readiness Center staff are here to assist you and your loved ones during the deployment cycle. We serve as a focal point for family members to call when you are unsure where to go for help when dealing with military-related issues. Don't hesitate to contact MFRC with any questions you may have at 937-257-3592.

Thank you, have a great Air Force day, and thank you for everything you do!